



Atria Retirement Canada



Do what makes you happy.

We'll do the rest.

After a life of work, chores and responsibilities, you've earned the right to spend your time as you please. At Atria Retirement Canada, we offer a simplified lifestyle that allows you more time to do what you love.

We take care of the cooking, cleaning, maintenance – even the driving, when you prefer. And since everything's included in your monthly rent, the bills are easier to manage, too. All you have to do is relax and enjoy services and amenities designed to make your life less stressful and more fulfilling.

Once you see how engaging life can be in a community of fun, interesting people – once you experience how refreshing it feels to wake up every morning knowing your day is what you choose to make it – then you'll understand why so many seniors choose Atria Retirement Canada.





Always something to

learn

do

try

create

discover

achieve



Engage Life

At Atria Retirement Canada, we believe that a well-rounded life is a good life. That's why, through our signature Engage Life program, we offer a thoughtfully designed calendar of events and activities based on eight distinct dimensions of engagement: Lifelong Learning; Health and Fitness; Entertainment and Fun; Inspiration and Spirituality; Personal Achievement; Connection; Creative Expression; and Civic Engagement.

The formula may seem complex, but the goal is simple: to make sure you have plenty of opportunities to explore new interests, volunteer your time and talents, and stay connected and involved.

Every course served with a side of good conversation.



Sample Menu



Menus are planned to meet your nutritional needs. No-concentrated-sweets and no-salt-added diets are easily accommodated, and requests are always welcome.

Full-Service Dining

Good food brings people together. So to create a more connected community, we serve meals that you and your neighbours won't want to miss.

Our talented staff caters to you every day with menu options full of flavour, variety and local flair, all brought to your table by a friendly server who knows your name, your favourite dishes – and even how you take your coffee.

Enjoy breakfast, lunch and supper in our dining room. For special occasions, let us host your friends and family for a catered celebration in our private dining room.





Pets warmly welcomed

We value the relationship you share with your four-legged friend. That's why all Atria Retirement Canada communities welcome dogs and cats. Size and temperament requirements vary per community; ask for complete details.



Scheduled transportation

While you're welcome to keep your own car for personal use, you can always take advantage of our scheduled shuttle service, which provides convenient worry-free transportation to and from local appointments, errands and outings.



24-hour staff at your service

Our friendly, attentive staff treats you like family – and they're always available to offer a helping hand, respond to emergencies or just chat.

What's included in your month-to-month rent

- Private apartment with a selection of floor plans to choose from
- Three chef-prepared meals every day
- An events calendar filled with opportunities for fun, fitness, connection and creativity
- 24-hour staff available to assist you anytime
- Weekly housekeeping service
- Parking for residents and guests
- Electricity, gas, water, sewer, trash removal and basic cable TV; apartment equipped with telephone jack
- Scheduled transportation to local appointments, errands and outings
- Outdoor common spaces and walking paths
- Exercise equipment
- Billiards lounge and game room
- Large-screen TV lounge
- Private dining room for special occasions
- Resident laundry facilities
- Personal, lockable mailbox
- Pets warmly welcomed

Cost Comparison

We invite you to compare your current monthly expenses to our all-inclusive rent. You may be surprised at how affordable it is to live at Atria Retirement Canada.

	Current Monthly Costs	Atria Retirement Canada
Rent or mortgage	\$	All-inclusive rent, month-to-month lease with no buy-in fees
Utilities and basic cable TV	\$	Electricity, gas, water, basic cable TV, sewer and trash removal included
Groceries and dining	\$	Three delicious, healthy meals each day
Laundry	\$	Free laundry facility near your apartment
Transportation	\$	Scheduled transportation for local appointments, errands and outings included
Social and recreational events	\$	Included
Fitness programs and equipment	\$	Included
Housekeeping	\$	Included
Property insurance and taxes	\$	Included
Maintenance and home repairs	\$	Included
24-hour emergency aid and security	\$	24-hour staff and emergency alert system
Total expenses	\$	Atria Retirement Canada Rental Rate \$

Stop by and say hello.

It would be our pleasure to show you around our community.

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www.atria-retirement.ca